



AMCoFH  
AT  
PIHMA  
Center for Professional  
Education & Development

# WELCOME TO AMCoFH

Your Homeopathic Journey Begins Here

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# Introduction to Homeopathy Online Program Syllabus

## Covering Part 1 and Part 2

### Course Administration:

Program Director: Todd Rowe, MD, MD(H), CCH, DHT

Course Director: Lesley Hesselmann, DHM

Mentor: Whittni Grubaugh, CCH  
[wgrubaugh@pihma.edu](mailto:wgrubaugh@pihma.edu) 602-803-0523

Instructors:

Patrick Hesselmann, CCH  
Sybil Ihrig LAc, CCH  
Maryann Ivons, ND  
Debbie Noah, LAC, CCH, RSA(Hom)NA  
Todd Rowe, MD, MD(H), CCH, DHT

AMCH at PIHMA  
301 E. Bethany Home Road, Suite A100  
Phoenix, AZ 85012  
602-274-1885  
<https://www.amcofh.org/>

### Course Prerequisites:

There are no prerequisites to this course. Professionals and non-professionals are welcome.

### Course Description:

This program is a non-degree American Medical College of Homeopathy (AMCH) certificate program offered through the Center for Professional Education at the Phoenix Institute of Herbal Medicine and Acupuncture (PIHMA).

This program is a practical and comprehensive introduction to first aid and acute care problems using classical homeopathy. The course consists of two 20-hour introductory classes in homeopathic medicine which covers treatment of such acute problems as colds and flu, sore

throats, childhood ailments, etc. Each class consists of lectures on Theory and Philosophy, Materia Medica, repertory work and case work addressing first aid and acute care. This course by itself is an excellent experience for lay people wanting to competently use homeopathic remedies in their general health regime.

It is also designed to be the foundation course for those wanting to continue their studies for practitioner status in our 3-year program. Students are eligible to advance place out of a portion of the curriculum when successfully completing this program.

### **Program Competences:**

By the end of this course the student will:

- Determine the appropriateness of using homeopathic medicine in first aid and acute care situations.
- Demonstrate competent homeopathic acute case taking and the ability to analyze acute cases.
- Determine a list of remedies that might fit the pattern of symptoms in each case.
- Compare the symptom patterns of a case with remedies you have chosen.
- Appropriately manage first aid and acute cases using homeopathic medicine.

### **Format and Procedures:**

- This program is divided into two-20 hour sections: Introduction to Homeopathy Online Part #1, and Introduction to Homeopathy Online Part #2. The student may either take either Part 1 only or complete the entire program.
- No Certificate of Completion will be awarded if only one part of this program is completed.
- Once enrolled, the student has 6 months to complete the program.
- There is a final examination at the end of each online part.
- A certificate of completion will be sent after a 70% pass rate of both Final Exams at the end of Part I and Part II.
- In addition to the main modules described below, there are a variety of documents that are available in the course for support and further information. You can find these in the Additional References section on the right side the screen. This includes this Program Syllabus.

## How to Take this Course:

You may watch the lectures in any order you wish, however there are a certain number of foundation lectures that we recommend you take first. These are:

- What is Homeopathy?
- Practice of Homeopathy
- Terminology of Homeopathy
- Framework of Homeopathy
- Laws of Healing
- Principles of Homeopathy
- History of Homeopathy

These short lectures provide a good foundation for the material to follows.

## Required Texts:

- *Yasgur's Homeopathic Dictionary and Holistic Health Reference*: Jay Yasgur, Van Hoy Publishers
- *Everybody's Guide to Homeopathic Medicine*: Stephen Cummins and Dana Ullman
- *Complete Guide to Homeopathy- The Principles and Practice of Treatment*: Andrew Lockie and Niccola Geddes
- *Lectures on Homeopathic Materia Medica*: James Tyler Kent, MD
- *Homeopathy: Science or Myth?*: Bill Gray, MD, D Ht
- *Impossible Cure*: Amy L Lansky, PhD
- *Desktop Guide to Keynotes and Confirmatory Symptoms*: Roger Morrison, MD

There is only one version of JT Kent's Repertory. There are many editions printed in differing qualities, but all are laid out in exactly the same way so that the rubrics always fall on the same pages.

See the appendix for recommended methods to purchase these texts.

See the separate Book Resources document (in the document section of the site) for additional useful book titles.

## Technical Requirements:

Note that a few of the modules in the program are somewhat under recorded. Students have found that headphones are very helpful in hearing this material.

Computer: You'll need a relatively robust computer running:

- Windows 7 or later with at least 4 GB of RAM and Intel I5 or better processor

- Mac computers (OS 10.7 or higher, 4 GB RAM preferred).

Internet connection: You'll need an Internet connection with at least 2 Mbps download speed with the corresponding supplier-provided upload speed.

### Resources:

- Homeopathic Library. A portion of the homeopathic library is available on the PIHMA campus. Please check with the office (suite A-100) for access.
- Homeopathic Medicinary: The PIHMA Medicinary carries all the homeopathic medicines discussed in the program. It includes more than 12,000 homeopathic medicines. This Homeopathic Medicinary serves the needs of patients and practitioners in Arizona and across the United States. Homeopathic medicines are available to be shipped if needed.
  - Email: [medicinary@pihma.edu](mailto:medicinary@pihma.edu)
  - Website: <http://www.phoenixmedicinary.com/>
- The Homeopathic Medicinary is located on the PIHMA Campus 301 E. Bethany Home Rd, Phoenix in Suite A-135. Phone: 602.228.1432.
  - Email: [library@pihma.edu](mailto:library@pihma.edu)
  - Website: <https://www.nloftm.org/>
- Mentorship. Phone mentorship is optionally available by special arrangement with a skilled homeopathic practitioner. The cost is \$50/hour. We recommend two sessions: one at the end of Part I and the 2<sup>nd</sup> at the end of Part 2. If you are interested, please contact Whittni Grubaugh, by email to reserve a time.

### Quizzes:

Many quizzes are included in the program. These are for self-assessment only and are not graded.

### Final Exam:

There is a final exam at the end of the two 20-hour sections of the program. There are 25 multiple choice questions covering material within the program in each of Part I and Part II. A passing grade is 70%.

### Curriculum:

The Curriculum for the program is included at the end of this document.

### Why Become an Acute Care Practitioner:

- Treatment Success for Acute Conditions: You will be trained, as an acute care homeopathic practitioner, for successful treatment of patients in first aid and acute conditions.
- Foundational Training: Training for an acute care homeopathic practitioner comprises 40-100 hours of either campus-based or via distance learning education.
- Add Value to Your Practice: Training as an acute care homeopathic practitioner can be added to your existing practice or used as a stand-alone healing modality.
- Laying the Foundation for Future Growth as a Homeopathic
  - Practitioner: Homeopathic acute care education lays a solid foundation for your future growth as a homeopathic practitioner.
- The Benefits of Homeopathic Medicine: As a homeopathic acute care practitioner you learn to use a system of healing that is gentle, natural, inexpensive, effective and curative of chronic disease.
- Eligibility for Acute Care Homeopathic Certification: Homeopathic acute care programs contribute to making the student eligible for acute care certification for medical and osteopathic physicians.
- Growing Demand: As a homeopathic acute care practitioner you will be meeting the growing demand for alternative options in healthcare.

### **Practicing Homeopathy:**

After completion of this Course, you will be able to treat friends and family for first aid and acute situations.

### **Faculty:**

Patrick Hesselmann, CCH



Patrick developed an interest in the philosophy and history of homeopathy in the Phoenix Homeopathy Study Group, for which he wrote many articles summarizing the great philosophy works of homeopathy. He graduated from Class III of the American Medical College of Homeopathy's Practitioner Program.

He taught Philosophy and History of homeopathy for the first ten years of the Practitioner Program, becoming Department Chair.

### Sybil Ihrig, CCH, HMA, L.Ac., MSTOM



Sybil is an alumna of the Certificate program at American Medical College of Homeopathy (AMCofH) and has been a practicing homeopath since 2001. Sybil numbers Drs. Massimo Mangialavori, A.U. Ramakrishnan, and Luc De Schepper among her mentors. She is on the faculty of the Homeopathy program at AMCH/PIHMA, teaching plant Kingdom materia medica and providing clinical supervision for homeopathy students.

Also a licensed acupuncturist, Sybil earned an M.S. in Traditional Oriental Medicine from Pacific College of Oriental Medicine (PCOM) in San Diego, California and holds NCCAOM certifications in both Acupuncture and Chinese Herbology. Her practice in Surprise, Arizona focuses on reproductive health, senior wellness, and supportive care of patients with chronic conditions. As an Assistant Professor at Phoenix Institute of Herbal Medicine and Acupuncture (PIHMA), she teaches Japanese acupuncture and advanced clinical techniques.



### Maryann Ivons, ND



Maryann received her BA at California State University, Dominguez Hills; she trained as an RN at the College of San Mateo, California and became a Naturopathic Physician at Bastyr college, WA. She has been practicing and teaching homeopathy since 1987 and has been a faculty member of several schools in Washington State, and now Arizona.

She is a former faculty member at the American Medical College of Homeopathy, where she managed the Acute Care clinic and the Practitioner Clinics.

### Debbie Noah, LAC, CCH



Debbie Noah, LAC, CCH, RS(Hom)NA is passionate about homeopathy and its ability to change lives. Her Bachelor's degree is in Holistic Health, and her Master's is in Licensed Professional Counseling. She is a graduate of the American Medical College of Homeopathy and the British Institute of Homeopathy. She has taught homeopathy extensively and is on the faculty the Southwest Institute of Healing Arts, and is a faculty member at AMCoFH.

She was one of the first members/teachers of the Phoenix Homeopathy Study Group and has been a promoter and practitioner of the art of homeopathy for over 25 years.

## Todd Rowe, MD, MD(H) CCH, DHT



Todd Rowe is a licensed homeopathic physician who has been practicing homeopathy for over 25 years. He is certified by the American Board of Homeotherapeutics and the Council for Homeopathic Certification. Dr. Rowe teaches extensively. He is the Homeopathic Program Director at the Phoenix Institute of Herbal Medicine and Acupuncture. He supervises homeopathic students and medical students and residents in classical homeopathy. He has written several books on homeopathic education, including *Homeopathic Methodology*, *The Homeopathic Journey*, and *Choosing a Career in Homeopathic Medicine*.

He has been a doctor of medicine since 1984 and a graduate of Rush Medical School, Chicago, Illinois. He completed his homeopathic training at the Hahnemann College of Homeopathy in Albany, CA. Dr. Rowe has conducted 25 homeopathic provings, mostly focusing on local flora and fauna. He has published a book called *Desert Medicine: A Homeopathic Exploration* which summarizes this research.

### Continuing Medical Education Credits:

We have partnered with the Arizona Homeopathic and Integrative Medical Association to provide Category One Continuing Medical Education credits (CME's) for our students who are MD's or DO's. This is a voluntary activity and available for an additional fee.

#### Programs Eligible:

- Introduction to Homeopathy Online Program, Part 1 (20 hours)
- Introduction to Homeopathy Online Program, Part 2 (20 hours)

(Contact the CME coordinator for other eligible programs)

#### CME Costs:

The cost is dependent on the number of hours claimed for CME's. The breakdown is as follows:

Credits numbering between 1-24: \$55  
 Each increment between 1-24 thereafter: \$55

**Apply for CMEs:**

Contact the CME Coordinator.

**Copyright Notice:**

The copyright law of the United States (Title 17, United States Code) governs the making of photocopies or other reproductions of copyrighted materials, including music and software. Copying, displaying, reproducing, or distributing copyrighted works may infringe the copyright owner’s rights and such infringement is subject to appropriate disciplinary action as well as criminal penalties provided by federal law. Usage of such material is only appropriate when that usage constitutes “fair use” under the Copyright Act.

This material is copyrighted; please do not share your password or online access with anyone else.

**Curriculum:**

The curriculum is designed to be 40 hours total in length. The breakdown of each module and length is described below:

Length	Topic
5 minutes	Welcome Video and Documents
27 minutes	What is Homeopathy Video with Quiz
21 minutes	The Principles of Homeopathy Video with Quiz
23 minutes	The Practice of Homeopathy Video with Quiz
52 minutes	Homeopathic Terminology Video with Quiz
17 minutes	The Framework of Homeopathy Video with Quiz
31 minutes	History of Homeopathy Through Hahnemann Video with Quiz
37 minutes	Post Hahnemannian History of Homeopathy Video with Quiz
40 minutes	The Laws of Healing Video with Quiz
38 minutes	Introduction to Homeopathic Research Video with Quiz
32 minutes	How Does Homeopathy Work Video with Quiz
52 minutes	Homeopathic Treatment in First Aid Videos with Quiz
51 minutes	Homeopathic Treatment of Colds and Upper Respiratory Infections Video with Quiz
68 minutes	Homeopathic Treatment of Influenza Video with Quiz

29 minutes	Introduction to Materia Medica Video with Quiz
14 minutes	Arnica Montana Materia Medica Video with Quiz
7 minutes	Arnica Case Examples
7 minutes	Calendula officinalis Materia Medica Video with Quiz
9 minutes	Eupatorium perfoliatum Materia Medica Video with Quiz
2 minutes	Eupatorium Case Example
50 minutes	Homeopathic Case Taking Videos with Quiz
25 minutes	Case Analysis with Quiz
9 minutes	Graphites Materia Medica Video with Quiz
12 minutes	Hepar sulphuris Materia Medica with Quiz
12 minutes	Hypericum perfoliatum Materia Medica Video with Quiz
12 minutes	Ruta graveolens Materia Medica Video with Quiz
2 minutes	Ruta graveolens Case Example
8 minutes	Symphytum Materia Medica Video with Quiz and Case Example
11 minutes	Ledum palustre Materia Medica Video with Quiz and Case Examples
11 minutes	Tabacum Materia Medica Video with Quiz
14 minutes	Bryonia alba Materia Medica Video with Quiz and Case Example
10 minutes	Urtica urens Materia Medica Video with Quiz and Case Example
39 minutes	Homeopathic Treatment of Pharyngitis Video with Quiz
67 minutes	Homeopathic Treatment of Coughs Video with Quiz
12 minutes	Cases #1 and #2 Video with Review
38 minutes	Homeopathic Medicine Preparation with Quiz

17 minutes	Homeopathic Provings with Quiz
10 minutes	Allium cepa Materia Medica with Quiz
10 minutes	Antimonium tartaricum Materia Medica Video with Quiz
10 minutes	Carbo vegetabilis Video with Quiz
51 minutes	Organon Video with Quiz
7 minutes	Drosera rotundifolia Materia Medica Video with Quiz
10 minutes	Euphrasia officinalis Materia Medica Video with Quiz
12 minutes	Phytolacca Materia Medica Video with Quiz
8 minutes	Staphysagria Materia Medica Video with Quiz
9 minutes	Rumex crispus Materia Medica Video with Quiz
7 minutes	Spongia tosta Materia Medica Video with Quiz
41 minutes	Introduction to Repertory with Quiz
19 minutes	How to Take a Homeopathic Medicine Video with Quiz
14 minutes	Antidoting Video with Quiz

15 minutes	Homeopathic Potency Video with Quiz
35 minutes	Homeopathic Treatment of Acute GI Problems Video with Quiz
8 minutes	Review of Cases Video
10 minutes	Aloe socotrina Materia Medica with Quiz
10 minutes	Baptisia tinctoria Materia Medica Video with Quiz
9 minutes	Cina maritima Materia Medica Video with Quiz
13 minutes	Colocynthis Materia Medica Video with Quiz
11 minutes	Ipecacuanha Materia Medica Video with Quiz
9 minutes	Hamamelis Materia Medica Video with Quiz
10 minutes	Kali bichromicum Materia Medica Video with Quiz
8 minutes	Magnesia phosphorica Materia Medica Video with Quiz
11 minutes	Podophyllum Materia Medica Video with Quiz
13 minutes	Mercurius vivus Materia Medica Video with Quiz with Case Examples
8 minutes	Veratrum album Materia Medica Video with Quiz
11 minutes	Silica Materia Medica Video with Quiz
40 minutes	Homeopathic Repertory Part II with Quiz
80 minutes	Homeopathic Treatment of Headaches with Quiz
14 minutes	Vital Force and Center of Gravity Video with Quiz
12 minutes	Cases #5 and #6 With Review
14 minutes	Aconite Materia Medica Video with Quiz with Case Example
15 minutes	Apis Materia Medica Video with Quiz With Case Example
15 minutes	Belladonna Materia Medica Video with Quiz with Case Example
40 minutes	Homeopathic Repertory Part III with Quiz
14 minutes	Gelsemium Materia Medica with Quiz
15 minutes	Rhus toxicodendron material Medica Video with Quiz with Case Examples
7 minutes	Ferrum phosphoricum Materia Medica Video with Quiz
43 minutes	Homeopathic Treatment of Conjunctivitis Video with Quiz
21 minutes	Reactions Following Remedies, Second Prescriptions and Repetition of Remedies Video with Quiz
10 minutes	Cases #7 and #8 Video with Review
43 minutes	Homeopathic Treatment of Acute Breast Problems Video with Quiz
41 minutes	Homeopathic Treatment of Vaginitis Video with Quiz
56 minutes	Homeopathic Treatment of Urinary Tract Infections Video with Quiz
82 minutes	Homeopathic Treatment of Menstrual Problems Video with Quiz
14 minutes	Arsenicum album Materia Medica Video with Quiz
11 minutes	Calcarea carbonica material Medica Video with Quiz
8 minutes	Cantharis Materia Medica Video with Quiz

10 minutes	Causticum Materia Medica Video with Quiz with Case Example
13 minutes	Lycopodium clavatum Materia Medica Video with Quiz with Case Example
14 minutes	Sulphur Materia Medica Video with Quiz with Case Example
20 minutes	Remedy Relationships Video with Quiz
91 minutes	Homeopathic Treatment of Childhood Fevers and Childhood Diseases
54 minutes	Homeopathic Treatment of Ear infections Video with Quiz
39 minutes	Homeopathic Treatment of Teething Video with Quiz
8 minutes	Review of Cases #9 and #10 with Review
8 minutes	Chamomilla Materia Medica video with Quiz
8 minutes	Ignatia amara Materia Medica Video with Quiz
9 minutes	Lachesis Materia Medica Video with Quiz
10 minutes	Natrum muriaticum Materia Medica Video with Quiz
15 minutes	Nux vomica material Medica Video with Quiz with Case Example
12 minutes	Phosphorous Materia Medica video with quiz
15 minutes	Pulsatilla nigrans Materia Medica Video with Quiz
11 minutes	Sepia Materia Medica Video with Quiz
10 minutes	Sarsaparilla Materia Medica Video with Quiz
9 minutes	Calcarea phosphorica Materia Medica Video with Quiz
11 minutes	Anacardium Materia Medica Video with Quiz
9 minutes	China officinalis Materia Medica Video with Quiz
59 minutes	Homeopathic Treatment of Grief Materia Medica Video with Quiz
22 minutes	Limits of Homeopathic Prescribing Video with Quiz
21 minutes	Types of Homeopathy Video with Quiz
14 minutes	Legalities of Practice Video with Quiz
10 minutes	Learning More Video
60 minutes	Final Examination
	Course Evaluation

## Appendix 1: Book Resources

We recommend Homeopathic Book Sellers in the US for these required books.

Homeopathic Educational Services

<https://www.homeopathic.com/>

Nature-Reveals.com <http://www.nature-reveals.com/>

Whole Health Now

<http://www.wholehealthnow.com/books/>

Van Hoy Publishers (Yasgur's Dictionary)

PO Box 636 Greenville,  
PA 16125

[www.yasgur.net/email: jay@yasgur.net](http://www.yasgur.net/email:jay@yasgur.net)

If you are outside the US, of course there are homeopathic book sellers in most countries.



## Appendix 2: List of Remedies

Remedy	Remedy
Aconite	Hypericum perforatum
Allium cepa	Ignatia amara
Aloe socotrina	Ipecacuanha
Anacardium	Kali bichromicum
Antimonium tartaricum	Lachesis mutus
Apis mellifica	Ledum palustre
Arnica Montana	Lycopodium
Arsenicum album	Magnesia phosphorica
Baptisia tinctoria	Mercurius vivus
Belladonna	Natrum muriaticum
Bryonia alba	Nux vomica
Calcarea carbonica	Phosphorus
Calcarea phosphorica	Phytolacca decandra
Calendula officinalis	Podophyllum peltatum
Cantharis	Pulsatilla nigrans
Carbo vegetabilis	Rhus toxicodendron
Causticum	Rumex crispus
Chamomilla	Ruta graveolens
China officinalis	Sarsaparilla
Cina maritima	Sepia
Colocynthis	Silica (Silicea)
Drosera rotundifolia	Spongia tosta
Eupatorium perfoliatum	Staphysagria
Euphrasia officinalis	Sulphur
Ferrum phosphoricum	Symphytum
Gelsemium	Tabacum
Graphites	Urtica urens
Hamamelis virginiana	Veratrum album
Hepar sulphuris	